



Blinn Associate of Science in Kinesiology to Lamar University Bachelor of Science in Exercise Science Transfer Degree Map



4-Year Suggested Academic Plan for Transfer of the Associate of Science

Blinn College District

First Year-Freshman								
Fall Semester			Spring Semester			Summer		
Course	Title	Hrs	Course	Title	Hrs	Course	Title	Hrs
ENGL 1301	English Comp I	3	ENGL 1302	English Comp II	3			
MATH 1342*	Elem Statistical Methods*	3	BIOL 1407	General Biology II	4			
BIOL 1406	General Biology I	4	HIST 1302	US History II	3			
HIST 1301	US History I	3	KINE 1301	Fndns of Kines	3			
KINE 1304	Personal & Comm Hlth	3	SPCH 1315	Public Spkng	3			
Total		16	Total		16			9

Second Year-Sophomore								
Fall Semester			Spring Semester			Summer		
Course	Title	Hrs	Course	Title	Hrs	Course	Title	Hrs
PHIL 2306	Intro to Ethics	3	CA Core	CA Core	3	Second Math**	Second Math**	3
GOVT 2305	Federal Govt	3	Elective	Elective	3			
PSYC 2301	Intro to Psyc	3	Elective	Elective	3			
KINE 1306	First Aid	3	GOVT 2306	Texas Govt	3			
KINE 1164	Phys Fitness	1	KINE 1346	Drug Use & Abuse	3			
Total		13	Total		15			3

Lamar University

Fourth Year-Senior								
Fall Semester			Spring Semester			Summer		
Course	Title	Hrs	Course	Title	Hrs	Course	Title	Hrs
KINT 2378	Applied Fitness Concepts	3	KINT 3324	Metabolic Effects Sport & Exrcs	3	Emphasis area	Emphasis area	3
KINT 2371	Functional A & P	3	KINT 3330	Exercise Physiology Elective	3			
NUTR 1322	Basic Nutrition	3	KINT 3130	Exercise Physiology Lab	1			
General Elective	General Elective	3	KINT 3315	Bio-mechanics	3			
KINT 3318	Research Methods	3	Emphasis area	Emphasis Area	3			
			HLTH 3360	Secondary Methods & Activities	3			
Total		15	Total		16	Total		3

Third Year-Junior					
Fall Semester			Spring Semester		
Course	Course Name	Hrs	Course	Course Name	Hrs
KINT 3380	Microcomputers	3	KINT 4355	Fitness Spcl Pops	3
Emphasis area	Emphasis area	3	KINT 4315	Electrocardiography	3
Emphasis area	Emphasis area	3	Concentration course	See dept advisor	3
Concentration course	See dept advisor	3	KINT 4630	ESFM Preceptor	6
KINT 4350	Exercise Prescription	3			
Total		15	Total		15

Blinn College Notes/Comments:

*LU requires students to complete MATH 1342 Elementary Statistical Methods.

Lamar University Notes/Comments:

** Lamar University BS Health and Kinesiology degrees require that students take a second Math based on the concentration they will pursue. Students planning to take their second Math before transferring to Lamar University should reach out to an LU Health and Kinesiology advisor to determine which additional Math course to take.